HEALING HANDS

BY CHARY

MASSAGE MENU

All 25-minute massages are head to toe, back only. Cancellations must be made at least 2 hours prior to the appointment time or may be subject to a \$25 fee per appointment

Swedish Massage

Uses light pressure to reduce tension and ensure relaxation SINGLE: 25 min ^{\$}60 • 50 min ^{\$}120 • 80 min ^{\$}190 COUPLES: 25 min ^{\$}130 • 50 min ^{\$}250 • 80 min ^{\$}390

Therapeutic Massage

A combination of Swedish and Deep Tissue techniques to mobilize and stretch the muscles. Also includes BioFreeze treatment on sore areas

SINGLE: 25 min ^{\$}70 • 50 min ^{\$}130 • 80 min ^{\$}200 COUPLES: 25 min ^{\$}150 • 50 min ^{\$}270 • 80 min ^{\$}410

Deep Tissue Massage

Uses deeper pressure, more focused massage that helps loosen tension and release toxins from muscles. Also includes BioFreeze treatment on sore areas

 SINGLE:
 25 min \$80 • 50 min \$140 • 80 min \$210

 COUPLES:
 25 min \$170 • 50 min \$290 • 80 min \$430

In-room Massage

For guests 21+ with valid ID only 60 min ^{\$}**180** • 90 min ^{\$}**240** • 120 min ^{\$}**300**

Please call extension 54 or 1.702.261.1142

Appointments available 8:00 a.m. – 7:00 p.m. daily

Located inside the Fitness Center. All couples massages and/or body treatment services performed in the same room will be an additional \$5 per person.

License: NVMT 6288

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BODY TREATMENTS MENU

All 80-minute body treatments include a 25-minute Swedish massage

Rose Clay Mud Body Wrap

For skin refining and extreme hydration 50 min ^{\$}140 • 80 min ^{\$}175

 Black Baltic Mud Body Wrap

 For skin detoxing and extracting pore-clogging impurities

 50 min \$140 • 80 min \$175

Green Sea Mud Body Wrap For skin firming and tissue regeneration. Cannot be used if allergic to iodine or shellfish 50 min ^{\$}140 • 80 min ^{\$}175

Rose Champagne Micro-Buff Body Polish This is a refreshing full body scrub to help remove the outer layer of dead skin cells and expose a supple layer of younger skin 50 min \$100 • 80 min \$145

Happy Feet

Gives immediate long lasting relief to tired, swollen feet. Includes foot scrub, mud wrap and hot booties finishing with a gentle foot massage 25 min ^{\$}65 • 50 min ^{\$}110

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