



THE
BEAUTY

RETREAT

AT THURNHAM HALL

THURNHAM HALL, THURNHAM, NEAR LANCASTER, LA2 0DT
PHONE: 07718381735 EMAIL: thebeautyretreatthurnham@outlook.com

MASSAGE

Choose from a relaxing, uplifting, Swedish or deep tissue massage. A selection of essential oils will be chosen and blended to suit your individual need, making each an aromatherapy massage.

Back 30 mins **£32**

Scalp 30 mins **£32**

Foot 30 mins **£32**

Back and Scalp 45 mins **£45**

Full Body Massage 60 mins **£58**

Full Body Massage inc Scalp 90 mins **£85**

Hot Stone Back Massage 30 mins **£35**

Hot Stone Full Body 60 mins **£65**

Head-to-Toe Treatment 120 mins **£110**

90-min massage inc scalp and
30-min Dermalogica facial

BODY TREATMENTS

Full Body Exfoliation **£34**

Body Cocoon Exfoliation **£65**

Followed by application of aromatherapy oils and cream, before we wrap you up in a body cocoon and give you a scalp massage

Sienna Spray Tan **£20**

Sienna One-Hour Fast Tan **£20**

EYES

Eyelash Tint inc Hand Massage **£16**

Eyebrow Tint **£8**

Perfect Brows: **£16**

Eyebrow Tint and Shape

Eyelash and Eyebrow Tint **£20**

Party Lashes **£15**

Strip Lashes **£10**

LVL Lashes: Lash Lift **£42**

LVL lash lift is the revolutionary lash treatment that creates masses of length, volume and lift with your own natural lashes. No mascara. No extensions. No maintenance.

HD Brows 30 mins **£28**

HD brow is a seven-step process to creating your bespoke brows, resulting in thicker, fuller and more defined brows. HD brow specialises in shaping the brows to suit your facial features.

BrowSculpt 45 mins **£42**

Also known as brow lamination. BrowSculpt corrects the direction of the growth of the brow making them more uniform. It gives the brows an overall fuller appearance. It also includes the seven-steps of the HD brow process.

Patch Testing:

Please note a patch test is required 24 hours prior to any tinting appointments.

WAXING

Using the award-winning PHD waxing system, the only waxing system that eliminates the chance of cross-infection between waxing clients.

Eyebrow Shape	£10
Upper Lip	£7.50
Chin	£7.50
Upper Lip and Chin	£12.50
Underarm	£10
Forearm	£15
1/2 Leg	£18
Full Leg	£25
Back	£22
Chest	£18
Bikini Line	£12
Specialist Bikini	£20

MAKEUP

Special Occasion Makeup	£38
Special Occasion Makeup and Strip Lashes	£48

HANDS + FEET

CND Vinylux File and Polish	£14
Lasts up to one week	
CND Citrus Manicure	£30
CND Citrus Luxury Manicure	£38
CND Marine Pedicure	£32
CND Marine Luxury Pedicure	£42
Shellac Gel Polish	£24
Chip-free varnish up to 14 days	
Add onto Manicure / Pedicure	£12
Shellac Removal	£8

DERMALUX FLEX

The world's most powerful portable LED devise for use on the face and full body. Treats signs of ageing, rejuvenates cells and boosts collagen. Medically proven to treat psoriasis, eczema and rosacea. Reduces inflammation and swelling. Relieves muscular and joint pain.

20 mins per treatment	£30
Add-on	£20

SKIN TREATMENTS

dermalogica®

CUSTOMISABLE TREATMENTS

PRO SKIN

The ultimate customisable treatment. Depending on your skin's needs, it may include enhanced technologies such as microcurrent, ultrasonic, LED light therapy and a combination of professional-grade actives. Every treatment includes well-being touches to elevate the experience.

ProSkin 30 £38

ProSkin 60 £65

ADVANCED TREATMENTS

PRO POWER PEEL

Our strongest, fastest chemical peel. This unique three-acid approach provides powerful resurfacing that is 100% tailored to your skin. Targets discolouration, texture and breakouts.

Pro Power Peel 30 £48

Pro Power Peel 60 £90

PRO NANOINFUSION

Want visibly smoother skin texture with zero downtime? Resurfacing actives and professional serums are infused into skin with a unique device which uses tiny cones to maximise product penetration.

Pro Nanoinfusion 30 £65

Pro Nanoinfusion 60 £98

PRO MICRONEEDLING

Microneedling activates the skin's repair process and collagen production. This minimally invasive treatment uses the most advanced techniques and is elevated with a chemical peel to target dark spots, wrinkles and pores. Combined with Pro Restore, our recovery and firming concentrate that is designed to prepare the skin's barrier, restores its condition, decrease downtime and amplifies your microneedling results.

Pro Microneedling 60 mins £130

SKIN TREATMENTS

dermalogica®

TARGETED CONCERN TREATMENTS

30 mins **£45** 60 mins **£74**

PRO CLEAR

Your journey towards clear skin starts here. Pore softening techniques, extractions and anti-bacterial, microbiome-balancing actives work together to clear and calm congested breakout-prone skin.

PRO BRIGHT

Fade dark spots and reveal brighter skin. This high-intensity treatment combines a brightening peel with an electric infusion of professional-grade vitamin C, niacinamide and hexylresorcinol – addressing all pigmentation concerns.

PRO EYE FLASH

A powerful treatment that helps tone, smooth and brighten the eye area through intense stimulation and an infusion of botanical actives.

Pro Eye Flash 20 mins **£28**

Add-on **£15**

PRO CALM

Soothe and strengthen sensitive skin. Soothing botanical actives provide relief while lymphatic drainage and pressure point massage help calm a stressed nervous system. Targeted treatments help hydrate, balance and restore the skin barrier for reduced sensitivity and calmer skin.

PRO FIRM

A comprehensive facial workout. Firming and toning deep tissue facial massage are combined with retexturing and replenishing actives for visibly tighter skin.

LUMINFUSION

LuminFusion takes luminosity to a whole new level and draws on the use of nanoinfusion with the Dermalogica Pro Pen and Dermalogica's professional-grade exfoliants and masques. This supercharged skin treatment takes a unique approach with advanced exfoliation stacking, nanoinfusion technology and LED light therapy. Improves skin luminosity, smoothes fine lines and wrinkles and instantly reveals radiant skin.

LuminFusion 60 mins **£120**

SKIN TREATMENTS

CACI

ANTI-AGEING

CACI Signature Non-Surgical Facial

ToningCACI's signature Non-Surgical Facial Toning is an advanced non-invasive facial, with 20 years medical research behind it. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

60 mins per treatment **£50**

Course of 10 + 2 for FREE **£500**

CACI EYE REVIVE

The CACI Eye Revive treatment uses serum-filled CACI microcurrent rollers together with a deeply nourishing Hydro Eye Mask to lift hooded eyelids, reduce puffiness and dark circles and soften the appearance of fine lines and wrinkles around the eyes.

45 mins per treatment **£40**

Course of 10 + 2 for FREE **£400**

HYDRATING

CACI Hydratone Facial

The Hydratone Facial is a deeply nourishing treatment that hydrates and tones. It combines microcurrent rollers (which help restore muscle tone and firmness) with the Hydro Mask. The Hydro Mask is infused with collagen, hyaluronic acid and rose water to deeply nourish and deliver a surge of moisture to the skin that will soothe and calm any skin redness and irritation (great for a special occasion and perfect for brides to be).

20 mins per treatment **£30**

When added to a CACI treatment **£20**

CACI JOWL LIFT

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline, which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

20 mins per treatment **£20**

Course of 10 + 2 for FREE **£200**

SKIN TREATMENTS

CACI

REJUVENATING

Ultimate Skin Rejuvenation

The Ultimate Skin Rejuvenation treatment uses ultrasonic peeling to revitalise and deeply cleanse the skin, leaving a brighter, smoother complexion. CACI's unique Wrinkle Comb will then target fine lines and wrinkles providing a non-invasive alternative to collagen injections with LED light therapy to heal and trigger tissue repair. This facial is completed with the CACI Hydro Mask that intensively hydrates and nourishes the skin.

60 mins per treatment £50

Course of 10 + 2 for FREE £500

REJUVENATING

Ultra Skin Rejuvenation

The Ultra Skin Rejuvenation treatment uses ultrasonic peeling to revitalise and deeply cleanse the skin, leaving a brighter, smoother complexion. CACI's unique Wrinkle Comb will then target fine lines and wrinkles providing a non-invasive alternative to collagen injections with LED light therapy to help heal the skin and trigger tissue repair.

90 mins per treatment £70

Course of 10 + 2 for FREE £700

THE BEAUTY RETREAT

AT THURNHAM HALL

OPENING TIMES

Monday & Tuesday
CLOSED

Wednesday
11 a.m.–7 p.m.

Thursday
1:30 p.m.–5:30 p.m.

Friday
9:30 a.m.–5:30 p.m.

Saturday
9:00 a.m.–Finish

Sunday
On Occasions



The Beauty Retreat at Thurnham Hall